

1st - 6th sessions

vs

7th - 12th sessions

Orientation & Assessment

What is Social and Emotional Health?

How The Brain Develops

Critical Needs of Socially and Emotionally Healthy Children

What Makes A Child's Brain Develop and Grow?

Ten Things to Do at Home Towards Social and Emotional Health

Watch Them Grow: Developmental Milestones

Parents' Self-Care and Nurturing

Ways to Help Your Child's Brain Thrive & Come Alive

Working with Challenging Behaviors Through Positive Discipline

Ways to Watch TV Together

Celebration & Assessment