

**BIOGRAPHICAL SKETCH**

NAME Kisha Braithwaite Holden		POSITION TITLE Associate Professor, Department of Psychiatry; Community Health and Preventive Medicine Interim Director, Satcher Health Leadership Institute	
eRA commons Username: kbholden			
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
Howard University, Washington, DC	B.S.	1993	Psychology
Howard University, Washington, DC	M.A.	1997	Counseling Psychology
Howard University, Washington, DC	Ph.D.	2003	Counseling Psychology
Johns Hopkins University, Baltimore, MD	Post-doc Fellowship	2003-2005	CBPR in Mental Health
Morehouse School of Medicine, Atlanta, GA	M.S.	2012	Clinical Research

**A. Personal Statement**

My current positions as Interim Director of the Satcher Health Leadership Institute and Associate Professor, Department of Psychiatry and Behavioral Sciences and Department of Community Health and Preventive Medicine at Morehouse School of Medicine affords me the opportunity to (1) promote excellence in community-based clinical and translational mental health research, (2) develop programs that improve the accessibility of individuals to comprehensive healthcare, and (3) develop culturally centered and gender-specific prevention and intervention strategies relative to individuals at risk for depression. My scientific contributions and scholarly outputs support reducing health disparities and advancing health equity. I have dedicated my career to encouraging mental health and well-being among ethnically and culturally diverse families through research, programmatic initiatives, practice, and the development of innovative strategies for informing mental health policies. I have placed special emphasis on addressing the needs of underserved and underrepresented populations that are often overlooked, yet prevail in contributing to the myriad of health and mental health disparities.

**B. Positions**

**Clinical Assessment Evaluator and Psychotherapist**, Georgetown University Medical Center, Department of Psychiatry, We Care Project, Washington, DC (February 1999-May 2000)

**Clinical Specialist II/Extern**, Johns Hopkins University, Kennedy Krieger Institute, Department of Behavioral Psychology, Child and Family Therapy Clinic, Baltimore, MD (Summer 2000)

**Clinical Psychology Intern**, Washington Behavioral Health Care (*APPIC Approved*) Washington Assessment and Therapy Services and Psychiatric Institute of Washington, Wash., DC (2000-2001)

**Psychotherapist**, Children's National Medical Center, Washington, DC (2001-2003)

**Research Director**, Children's National Medical Center, Washington, DC (2001-2003)

**Research Evaluation Consultant**, Evaluation and Research, Inc., Atlanta, Georgia, 2002-2004

**Assistant Professor of Clinical Psychiatry**, Morehouse School of Medicine, Department of Psychiatry and Behavioral Sciences, Atlanta, GA (2005-2010)

**Director, Community Voices: Healthcare for the Underserved**, Morehouse School of Medicine, Satcher Health Leadership Institute, Atlanta, Georgia (2012-2013)

**Interim Research Director, Satcher Health Leadership Institute**, Morehouse School of Medicine, Atlanta, GA (2012-2013)

**Deputy Director, Satcher Health Leadership Institute**, Morehouse School of Medicine, Atlanta, GA (2013-2015)

**Associate Professor**, Department of Psychiatry and Behavioral Sciences; Community Health and Preventive Medicine, Morehouse School of Medicine, Atlanta, GA (2011-present)

**Interim Director**, Satcher Health Leadership Institute, Morehouse School of Medicine, Atlanta, GA (2015-present)

## Advisory Committees/Boards and Professional Service

- Committee Member, Morehouse School of Medicine (MSM) Institutional Review Board
- Committee Member, MSM Research Development Committee
- Committee Member, MSM Scientific Review Committee
- Grant Reviewer, NIH Patient Centered Outcomes Research (PCORI) Study Section
- Manuscript Reviewer, Upwave Television Station of Turner Communications
- Committee Member, Cobb Health Futures Foundation
- Committee Member, NIMHD Scientific Review Committee for Health Disparities Conference
- Committee Member, Evaluation Action Committee, WK Kellogg Foundation
- Chairperson, Mental Health in the African American Community Board
- Committee Chairperson, Research Development, Department of Psychiatry (MSM)
- Committee Chairperson, Annual DeWitt Psychiatric Research Symposium (MSM)
- Committee Chairperson, Health Disparities Research Seminar Series (MSM)
- Committee Member, Georgia Department of Community Health, Division of Public Health
- Committee Member, National Network to Eliminate Mental Health Disparities at SAMSHA
- Committee Member, California Reducing Health Disparities Brain Trust
- Mentor, Centers for Disease Control and Prevention Health Disparities Summer Program
- Mentor, Kellogg Foundation Public Health Summer Scholars Program
- Grant Reviewer, Healthcare Georgia Foundation
- Faculty Advisor, HBCU Substance Abuse and Mental Health National Resource Center
- Manuscript Reviewer, *Journal of Healthcare for the Poor and Underserved*, *American Journal of Public Health*, *Journal of Behavioral Health Services and Research*, *Men's Health*, *Social Work and Mental Health*

## Honors/Awards

- Association of American Medical Colleges (AAMC) Minority Faculty Professional Development Fellowship (2015)
- AAMC Mid-Career Women Faculty Professional Development Fellowship (2014)
- American Psychological Ass., Div. on Women, Carolyn Payton Early Career Award (2013)
- American Psychological Association Early Career Minority Faculty Fellowship (2009-2010)
- AAMC Early Career Women Faculty Professional Development Fellowship (2011)
- NIMH African American Mental Health Research Scientist Fellowship (2008-2009)

## C. Selected Peer-reviewed Publications:

1. **Holden, K.**, McGregor, B., Belton, A., Hopkins, J., Blanks, S., and Wrenn, G. (2016). Community Engaged Leadership to Advance Health Equity and Build Healthier Communities, *Social Sciences*, 5, 2; doi: 10.3390/socsci5010002.
2. **Holden, K.**, Charles, L., McGregor, B. et.al. (2016). Reducing Health Disparities and Improving Health Equity in Saint Lucia. *International Journal of Environmental Research and Public Health*, 13(1), 37; doi: 10.3390/ijerph13010037.
3. **Holden, K.**, Belton, A. and Hall, S. (2015). Qualitative Examination of African American Women's Perspectives about Depression. *Health, Culture, and Society*, 8 (1), 48-60.
4. **Holden, K.** (2015). Toward Global Health Equity: Ethical Leadership, Health Policy, and Addressing Social Determinants of Health. *Journal of Mental Health Policy and Economics*, 13, Supplement 1, S22. ISSN 1091-4358.
5. **Holden, K.**, Charles, L., King, S. et.al. (2015). Reducing Health Disparities and Improving Health Equity in the US and St. Lucia. *West Indian Medical Journal*, 64 (Supplement 2), 60.
6. McGregor, B., Mack D., **Holden, K.**, Douglass, M., Shim, S., Wrenn, G., Satcher, D. (2015). Improving Service Coordination and Mental Health Disparities Through Electronic Health Record Adoption. *Psychiatric Services*, 66(9): 985–987.
7. Douglas M.D., Dawes D.E., **Holden K.B.**, Mack D. Missed Policy Opportunities to Advance Health Equity by Recording Demographic Data in Electronic Health Records (2015). *American Journal of Public Health*, Jul;105 Suppl 3:S380-8.

8. **Holden, K.**, McGregor, B., Thandi, P., Sheats, K., Belton, A., Fresh, E. Mattox, G, and Satcher, D. (2014). Toward Culturally Centered Integrated Care for Addressing Mental Health Disparities among Ethnic Minorities. *Psychological Service*, 11(4), 357-368.
9. McGregor, B. and **Holden, K.** (2014). *Unemployment, Underemployment and Job Insecurity*. In M.T. Compton & R. Shim (Eds.), *Social Determinants of Mental Health*, 99-119. Arlington, VA: American Psychiatric Publishing.
10. **Holden, K.**, Wrenn, G., Shim, R., McGregor, B., and Okafor, M. (2014). *Addressing Health Disparities: Promotion of Culturally Centered Integrated Care for African Americans*. MSM/SHLI Policy Brief.
11. **Holden, K.**, Bradford, D., Hall, S., and Belton, A. (2013). Prevalence and Correlates of Depressive Symptoms and Resiliency among African American Women in a Community Based Primary Healthcare Center. *Journal of Healthcare for the Poor and Underserved*, 24 (4), 79-93. PMC4020280
12. Braithwaite, R., McKenzie, R., Pruitt, V. and **Holden, K.**, (2013). Community-Based participatory evaluation: The healthy start approach. *Health Promotion Practice*, March, 214-219. PMC3645265
13. Shim, R., Bradford, D., **Holden, K.** et al. (2013). Characterizing Depression and Co-morbid Medical Conditions in African American Women in a Primary Care Setting. *Journal of the National Medical Association*, 105 (2), 183-191. PMC4039195
14. **Holden, K.**, Hall, S., Robinson, M. et.al. (2012). Psychosocial and Socio-cultural Correlates of Depressive Symptoms among Diverse African American Women. *Journal of the National Medical Association*, 104 (11&12), 493-503. PMC3660963
15. **Holden, K.**, McKenzie, R., Pruitt, V., Aaron, K., and Hall, S. (2012). Depression, substance abuse, and intimate partner violence among ethnically diverse pregnant women. *Journal of Healthcare for the Poor and Underserved*, 23, 226-241. PMC3401533
16. **Holden, K.**, McGregor, B., Blanks, S., and Mchaffey, C. (2012). Psychosocial, Socio-cultural, and Environmental Influences on Mental and Behavioral Health Help-Seeking among African-American Men. *Journal of Men's Health*, 9(2), 63-69. PMC3418821
17. Nemiary, D., Shim, R., Mattox, G and **Holden, K.** (2012). The relationship between obesity and depression among adolescents. *Psychiatric Annals*, 42 (8), 305-308. PMC3749079
18. Treadwell, H., Xanthos, C, and **Holden, K.** (Editors) (2012). *Social Determinants of Health Among African American Men*. Jossey-Bass: San Francisco, CA.
19. Treadwell, H., **Holden, K.**, Hubbard, R. et al. (2010). Addressing Obesity and Diabetes among African-American Men: Examination of a Community Based Model of Prevention. *Journal of the National Medical Association*, 120(9), 794-802. PMC20922923
20. **Holden, K.** and Xanthos, C. (2009). Inequalities in mental health care among African Americans. *Journal of Healthcare for the Poor and Underserved*. (JHCPU 20.2 Suppl).
21. Taylor, S. and **Holden, K.** (2009). The health status of Black women. In *Health Issues in the Black Community*, 3rd Edition, Jossey-Bass .
22. Bradford, D., **Holden, K.** (2009). Improving access and utilization of mental health care among African Americans. In *Health Issues in the Black Community*, 3rd Edition, Jossey-Bass.
23. Treadwell, H., Braithwaite, R., **Braithwaite, K.** Oliver, D., and Holliday, R. (2008). Leadership Development for Health Researchers at Historically Black Colleges and Universities. *American Journal of Public Health* S53-S57, Vol 99, No. S1 PMC2724947
24. Treadwell, H., **Braithwaite, K.** and Graham, L. (2008). Social Policy, Imperiled Communities, and HIV-AIDS Transmission in Prison. *Journal of Men's Health and Gender*, 10.1016/j.jomh.2008.09.002, Volume 5, pp. 267-273.
25. **Braithwaite, K.** (2008). *Health is a Human Right, Right?*, Commentary, *American Journal of Public Health*, Supplement 1, 98: S5-S7. PMC2518591
26. Graham, L. and **Braithwaite, K.** (2007). *Mental Health Parity in the U.S. A Community Voices: Healthcare for the Underserved Policy Brief*.
27. Braithwaite, R., **Braithwaite, K.**, and Treadwell, H. (2007). Special Issue Overview. *American Journal of Health Studies*. Volume 22 (2), 65.

28. Young, A.M.W., Pérez, L.M., Northridge, M., Vaughn, R.L., **Braithwaite, K.**, Treadwell, H.M. (2007). Bringing to Light the Health Needs of African American Men: The Overtown Men's Health Study," *The Journal of Men's Health and Gender*, 4 (2), 140-148.
29. **Braithwaite, K.** (2006). Mending our Broken Mental Health Systems, Editor's Choice, *American Journal of Public Health*, 96 (10), 1724.
30. **Braithwaite, K.** (2006). Mental Health Prevention and Men of Color in the US: Findings from the National Healthcare Disparities Report. *Challenge: A Journal of Research on African American Men. Volume 12(2) 1-8.*
31. **Braithwaite, K.** (2006). Access to Mental Health Care and Substance Abuse Treatment for Men of Color in the US: Findings from the National Healthcare Disparities Report. *Challenge: A Journal of Research on African American Men. Volume 12(2) 65-74.*
32. Butler, J. and **Braithwaite, K.** (2006). Substance Use Disorders and Drug Courts. In Braithwaite, Arriola, and Newkirk (Eds.), *Health Issues among Incarcerated Women*, Rutgers University Press
33. Braithwaite, R. Ro, M., **Braithwaite, K.** and Treadwell, H. (2006). Co-Guest Editor, Community Voices: Healthcare for the Underserved, *Journal of Healthcare for the Poor and Underserved*, 17 (1).
34. Gibbons, M., Singh, V., **Braithwaite, K.**., and Guyer, B. (2005). The Health of Children in Cities, in S. Galea and D. Vlahov (Eds.), *Handbook of Urban Health: Populations, Methods, and Practice*, Springer Press.
35. Braithwaite, R., Stephens, T., Treadwell, H., **Braithwaite, K.**, and Conerly, R. (2005). Short-term Impact of an HIV Risk Reduction Intervention for Soon-to-be-Released Inmates in Georgia. *Journal of Health Care for the Poor and Underserved* (16), 129-138.
36. Treadwell, H. and **Braithwaite, K.** (2005). Men's Health: a Myth or a possibility? *Journal of Men's Health and Gender*, 2(3), 382-386.
37. **Braithwaite, K.** and Thomas, V. (2001). HIV/AIDS knowledge, attitudes, and risk-behaviors among African American and Caribbean college women. *Intl. Journal for the Advancement of Counseling*, 23(2), 115-129.
38. Thomas, V., **Braithwaite, K.**, and Mitchell, P. (2001). *African American Women: An Annotated Bibliography*. Westport, CT: Greenwood Press.
39. Stephens, T.T., Braithwaite, R.L., Lentine, D., Thomas, D. and **Braithwaite, K.** (2001). Hate crimes personified: A socio-demographic analysis of African American church burnings in America 1990-1996. *Journal of Social and Behavioral Sciences*, 38(2), 95-103.

#### D. Research Support:

- Racial and Ethnic Approaches to Community Health (REACH): Transforming Metropolitan Atlanta Communities through Prevention, Primary Care Linkages and Policy Change (Co-Principal Investigator; Centers for Disease Control and Prevention, DP14-1419PPHF14/Racial and Ethnic Approaches to Community Health, \$3,000,000.00, September 2014-September 2017).** The goal is to implement an innovative model that bridges community and clinical connections that employs tailored policy, systems, and environmental change strategies to 1) improve access to quality healthcare and 2) address psychosocial risk factors for diabetes and cardiovascular disease among vulnerable adult African Americans.
- **Addressing Health Disparities and Health Equity in the U.S. and St. Lucia (Principal Investigator; NIH/NIMHD P20, \$300,000, September 2013-February 2017).** Our multidisciplinary team will design a strategic and focused implementation plan for community health education and prevention approaches, workforce development related to the training of local investigators in conducting behavioral research, and research interventions.
  - **Development of an Evidence-based, Culturally Centered Integrated Care Model to Address Depression and Selected Co-occurring Chronic Diseases in a Community Based Primary Healthcare Center: Implications for Health Policy (Principal Investigator of Subproject 2; NIH/NIMHD 1U54MD008173-01, \$1,400,000.00, October 1, 2012-June 30, 2017).** This study will (1) design, implement, and evaluate the effectiveness of a culturally

centered integrative healthcare model to address depression and selected co-morbid chronic diseases among underserved ethnically and culturally diverse adults; and (2) to assess the impact of mental health insurance mandates on access to a community-based integrated mental and primary healthcare model for vulnerable populations.

- **Advancing Health Equity through Community Engagement and Media (Principal Investigator, Fulton-DeKalb Hospital Authority, Southwest Hospital Foundation, and Medtronic Philanthropy; \$50,000, July 2015-June 2017).** Funding is for the development of a local television series concerning diverse health topics which highlights MSM research, clinical services, and education.
- **Evaluation of a Resiliency Intervention for African Women with Depressive Symptoms (Principal Investigator; NIH Clinician-Scientist Research Award U54 MD007588-04, \$45,000, July 1, 2012-June 30, 2013).** The study used mixed methods approaches to evaluate the feasibility and effectiveness of a resiliency intervention for depressed African American women.
- **Psychosocial Resiliency Intervention for African American Women with Depressive Symptoms in Primary Healthcare (Principal Investigator; NIH Career Development Awards (KL2-RR0250095 & U54RR026137 \$241,000; 2R25RR017694-06A1 \$98,000), July 1, 2010- June, 2013).** The purpose of this randomized controlled study is to ascertain the effects of a culturally-centered psychosocial resiliency empowerment intervention provided to African American women with depressive symptoms that attend a busy community based primary healthcare center.
- **Evidence-Based Primary Healthcare Intervention to Reduce Being Overweight Among African American Daughters and their Mothers (Co-Investigator; Aetna Foundation, \$100,000, 2012-2013).** The purpose of this mixed methods study is to examine selected psychosocial, behavioral, socio-cultural, and environmental factors that may contribute to being overweight among African American pre-adolescent daughters and their mothers in an urban community.
- **Understanding Depression among Diverse African American Women (Principal Investigator; American Psychological Association, Office of Ethnic Minority Affairs; Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions Program, \$6,500, 2009-2010).** The purpose of the study is to use focus group methods to examine similarities and differences about perceptions of psychosocial, socio-cultural, and environmental contributors to depression for diverse (low, middle, and upper income) African American women from an urban community, primary healthcare center, and an academic institution.
- **Mental Health and Substance Abuse Prevention for Male Adolescent Detainees (Principal Investigator; NIDA (R24) \$50,000, 2008-2011).** This investigation seeks to test the feasibility of a psycho-educational intervention for male adolescent detainees with a history of psychosocial and behavioral problems. The proposed model is designed to improve research participants' general psychological well-being, decrease depressive symptoms, positively modify attitudes and decision-making skills relative to alcohol and drug use, and increase self-efficacy to avoid conflict.
- **Southeast Research Training Collaborative on HIV/AIDS, Mental Health and Substance Abuse in Corrections (Co-investigator; NIMH (R25) \$175,000, 2008-2011).** The specific aims of this project are to support educational experiences and training relevant to conducting mental health, substance abuse, and HIV/AIDS research that will attract, train and further career development of primarily under-represented minority physician scientists and doctoral level social and behavioral science professionals
- **Screening for Depression in Primary Care Centers (Co-Investigator; NIMH P24 MH58272 \$986,000, 2007-2011).** This study seeks to assess the feasibility of administering the PHQ-9 in two busy community-based primary healthcare clinics to ascertain levels of depression among ethnically diverse adult patients.